

Spay and Neuter Clinic:

Miracle Animal Rescue Spay & Neuter Clinic needs a fundraising director, event planners and a veterinary assistant. No experience required. Call 227-DOGS.

Second Helpings:

Rescued food is delivered to 64 charitable agencies who feed the less fortunate families in the Lowcountry. Call 689-3689 to find out how you can help those in need.

Hilton Head Humane Association:

Volunteers are needed for office work, animal care, vet assistance, thrift shop help, fundraising and more. Call 681-8686 for more information or to volunteer your time.

South Carolina State Guard:

Serve the community by joining the South Carolina State Guard. Public safety, health and emergency preparedness are the three areas of emphasis. Call at 681-5787.

American Red Cross:

Volunteers are needed to learn how to respond to disasters as well as answer phones and help with office work. Call 757-7437 to volunteer.

Children's Relief Fund (CRF):

CRF provides physical, occupational and speech therapy along with special equipment and a summer camp program. If you can help, call Rose at 681-7668.

Beaufort Humane Association:

BHA is looking for volunteers to help socialize cats and kittens at PetsMart in Bluffton. Also, spay/neuter programs are available to help control the pet population. Email volunteers@beauforthumane.org or call 304-8859.

Beaufort County Library book drive:

Waldenbooks in The Mall at Shelter Cove is collecting new and used books for the Hilton Head Library. Books of any length, size and shape will be accepted Call 785-4301.

Alzheimer's Respite and Resource:

Assist memory-impaired individuals with arts and crafts projects, exercise program, sing-alongs and more; help with discussions on current and special events. Be a companion. Training provided. Call Christy at 842-6688.

Bargain Box:

Volunteers needed for sorting, pricing and selling donated items. Proceeds benefit area non-profit organizations. Call Edna at 681-2601.

Hospice Care of the Lowcountry:

The area's first volunteer-based, non-profit hospice and palliative home health agency always welcomes kindred spirits to help with patients and their families, office support, bereavement, pastoral guidance and board participation. Please call 681-7814 to learn more.

Lowcountry Legal Clinic:

Retired attorneys who can volunteer time providing free legal services to the underprivileged are needed. South Carolina license not required. In addition, interpreters are needed for Spanish-speaking clients. Call 341-9222 to volunteer your time and effort.

Island Hospice:

This non-profit affiliate of Island Health Care offers many volunteer opportunities, including: administrative, caregiver respite and patient visitation. Call Cathy Hess at 208-3666 to learn about volunteer opportunities. □

If you'd like to volunteer in the community but aren't sure where to start, look no further. Every month, our Volunteer Bulletin Board lists all kinds of opportunities to help make our community a better place. List your organization's needs by e-mailing: bkaufman@frey media.com, or faxing 842-5743. This is a free service of Hilton Head Monthly.



CLEVELAND WILLIAMS (LEFT) HELPS MEALS ON WHEELS' BOB SUNDEEN (RIGHT) UNLOAD TODAY'S SHIPMENT OF DELICIOUS MEALS BOUND FOR DAUFUSKIE ISLAND.

Meals on **WHEELS**

(and boats, and golf carts)

The Meals on Wheels program, as many know, exists to provide delicious, filling meals to those who, through whatever disability, are unable to get around on their own. For years, Meals on Wheels has consistently stepped up to the challenge of feeding the hungry, and on November 24th, the local branch celebrated the one year anniversary of facing its toughest challenge yet.

Daufuskie Island, the Lowcountry's own "Little Island Lost in Time," was in need. Several inhabitants were unable, through age or infirmity, to provide their own meals. Seeing this, islander Ella Mae Jenkins put out the call for help, and contacted Meals on Wheels. Being that those wheels would have a tricky time getting to a small island with no bridge and no real roads to speak of, another mode of transportation was needed.

Enter The Melrose Group, who run several resorts on the island as well as maintain the ferry. Every morning at 11, a volunteer brings two coolers from the hospital (one for hot food, one for cold) to the north ferry landing. From there, the stewards take it on a short 45-minute trip to Daufuskie.

"They've been so wonderful," explained Meals on Wheels' Mary Jenkins. "We couldn't do it without their help."

From there, the food is distributed via Daufuskie Island's most famous mode of transportation, the golf cart. There are several stops to make, and once the route is finished, the empty containers are taken back to the ferry to be returned.

It may seem like a long journey, but the lives touched by these meals make it all worth the while for Meals on Wheels. Their 100 drivers throughout the area work tirelessly to provide for the elderly and disabled in our community.

Daufuskie Island is just one part of their territory, which covers the island and Bluffton as well. More drivers are always needed, as well as any donations to cover the cost of the meals from the hospital. To volunteer, call 689-8334.

— Barry Kaufman