

## PUBLISHER'S note



## AMERICA the Beautiful

Occasionally, I have friends ask me where I have my hair done and even readers have, on more than one occasion, emailed me with positive comments about my cut or color. I tell them all the same thing. After bleaching it myself and ending up with orange, damaged hair, I made a rule for myself: no more grocery store kits!

I'm a firm believer in letting an expert provide me with a quality cut and color. My hairstylist, Carla Williams at Tara's, has helped me enjoy healthy, attractive hair for years. Likewise, I think skin care is very important, particularly during the summer months when the heat and humidity can wreak havoc on both hair and body, and the island offers a great selection of professionals to help you look and feel your best. This month, we explore a variety of treatments and tips available for hair, skin and fitness. Check out our "Summer Health & Beauty" feature on page 43 for some great ideas, then consult a local professional to safely get the best results.

### Staff Profile



*Monthly* writer Larry Bergin is a first-class writer and golfer currently working as 1st assistant at Oyster Reef Golf Course in Hilton Head Plantation. Larry has been passionate about the sport since his days playing junior golf in San Diego, and he's taken that passion to golf clubs from California to Arizona and the Lowcountry. He currently teaches golfers of all levels and is enrolled in the PGA program, working towards his Class A.

In addition to his on-course endeavors, Larry also can be found playing the drums for the band "Motorpsycho" Wednesday nights at Rider's Lounge.

Larry is pictured here at the 18th hole at the legendary St. Andrews golf course in Scotland.

In addition to keeping my skin and hair healthy, exercise is very important to me. I love to work out and feel fortunate to live in an area which offers its residents and visitors so many different ways to stay fit. Whether you enjoy high ground or the high seas, our land and water sports feature is proof that there is an activity for everyone. Turn to page 56 and see what "moves" you!

And while it's good to be active it is also very important to keep safety in mind, especially during warmer months. I had the pleasure of meeting Dr. Robert Clodfelter, who is a *Monthly* fan and chief of staff at Hilton Head Regional Medical Center, and was thrilled to feature him among our pages this month. Don't miss his vital "Last Word" regarding summer safety tips on page 168.

And with so many people actively remodeling their homes, our June issue also shows readers how to heat things up in the kitchen and bath with our unique "What's Hot" feature. Not only do we showcase some of the top home experts in our area, but you'll also find an attractive display of hot products and creative tips and ideas to help you create the home of your dreams. Read all about it on page 80.

But our July issue would not be complete with a patriotic salute to Independence Day and the men and women who help keep America safe. From our exclusive interview with Oliver North, "Troops Update" (page 24) – thanks to Editor Blanche Tomaszewski's "Doesn't hurt to ask" attitude – to a look at the new Veterans' Memorial planned for Shelter Cove Community Park, page 117, *Monthly* is proud to be part of America the Beautiful.

So enjoy some local fireworks, page 116, and serve up some festive foods, page 118, but don't forget the reason we're able to celebrate.

Happy Fourth of July everyone!

p.s. Don't forget to send us your pet photos!