

Hearts & Hands

Caring Hearts:

Help organize events, contact potential sponsors and spread the word about this charity, which provides assistance to medical caregivers in their time of need. Call Jackie Powers at 837-3084 for more information or to volunteer.

Meals-on-Wheels:

This United Way agency helps those needing meals. Volunteer drivers are needed and donations appreciated. Call 689-8334.

Hospice Community Thrift:

Volunteers needed for selling and accepting donated items. Sponsored by Hospice of the Lowcountry, proceeds benefit the community's non-profit organizations. Call 689-5455 to volunteer.

Child Development Center:

Rock a baby, tutor a student or mentor a teenage mother. Contact Janice at 987-9111.

Friends with Wheels:

Drivers needed to help transport people to medical appointments as well as volunteers to take calls. Call Cathie at 681-8333.

Palmetto Hospice:

Volunteer to assist terminally ill patients and their caregivers. Training is provided. Call 706-2566 or 888-818-8269.

Spay and Neuter Clinic:

Miracle Animal Rescue Spay & Neuter Clinic needs a fundraising director, event planners and a veterinary assistant. No experience required. Call 227-DOGS.

Second Helpings:

Rescued food is delivered to 64 charitable agencies who feed the less fortunate families in the Lowcountry. Call 689-3689 to find out how you can help.

Hilton Head Humane Association:

Volunteers are needed for office work, animal care, vet assistance, thrift shop help, fundraising and more. Call 681-8686.

South Carolina State Guard:

Serve the community by joining the South Carolina State Guard. Public safety, health and emergency preparedness are the three areas of emphasis. Call Major Bob Kort at 681-5787.

American Red Cross:

Volunteers are needed to learn how to respond to disasters as well as answer phones and help with office work. Call 757-7437.

Children's Relief Fund (CRF):

CRF provides physical, occupational and speech therapy along with special equipment and a summer camp program. If you can help, call Rose at 681-7668.

Beaufort Humane Association:

Foster families are needed to provide a home for animals until they can be adopted. If interested call Bill Gordon at 815-9476.

Beaufort County Library book drive:

Waldenbooks in The Mall at Shelter Cove is collecting new and used books for the Hilton Head Library. Books of any length, size and shape will be accepted, but children's books are in greatest demand. Call 785-4301.

Bluffton Self Help, Inc.:

This organization provides short-term emergency relief to those in need in the Bluffton area. Volunteers (particularly those with Spanish-speaking skills) are needed to assist in all areas. Call 757-8000.

Cole-Heyward House:

The historic Cole-Heyward House in Bluffton is looking for docents to give guided tours. Come learn about antebellum Bluffton and meet our guests. Call 757-6293.

Island Cultural Arts Network (ICAN):

The Island Cultural Arts Network is a community-based center for the exploration of artistic and spiritual growth and the encouragement of anyone with a desire to create. Volunteers are needed for committees, office support and special events. Call 842-2600 for a chance to help your community.

Carolina Houses of Hilton Head & Bluffton:

Volunteers are needed to read to, walk with or just visit residents of the assisted-living and memory-care communities. Musicians and bands especially needed for the Alzheimer's program. For HH, call Trisha at 342-5599; for Bluffton, call Jazeil at 815-2555.

Operation 100% Reading Program:

Volunteer tutors are needed at H.H. Elementary to help first-graders learn to read. M-Th., 9-11 a.m. Teaching experience not necessary. Call Carole at 689-2787.

Girl Scouts of Carolina Low Country:

Adult volunteers are needed to serve as leaders for Girl Scout troops. If interested in leadership, call Ruth at 757-6639.

Coastal Discovery Museum:

Volunteers needed: office workers to help with mailings and special events; desk workers to run the gift shop and schedule tours, walks and cruises; docents to lead tours. Call Jeanette Carlton at 689-6767, ext. 222.

ACCESS Network:

Volunteers are needed to assist with Web site design and launch, office work, food program, HIV prevention programs and fundraising. ACCESS offers free, confidential HIV testing and counseling. Call 379-5600.

Mental Health Association:

MHA of Beaufort and Jasper counties needs your help to

provide advocacy, education and service for children, adults and the elderly. Call 682-2900 for volunteer opportunities in a number of positions including: drivers for clients with work placements, event planning, health fairs and more!

Community Theater:

The Hilton Head Community and Youth Theater (HHCYT) is looking for actors, set painters, singers, sound/light techs, seamstresses, musicians and prop gatherers. Call 689-6246 for information or to volunteer.

Habitat for Humanity:

Volunteers needed to help with construction, office work and to serve as committee members. Call 757-5864. Volunteers are also needed at the Habitat Resale Store in Bluffton: truck drivers, workers to help with pricing, display and customer service. Call 757-9995.

Deep Well:

Deep Well is in need of the following types of skills: plumbing, electrical, office, food delivery and furniture moving. Call Rene at 785-2849 to volunteer your time.

The Volunteer Center:

A service of United Way of Beaufort County, Inc. recruits and refers volunteers to non-profit organizations, matching your interest with a community need. Call 686-4361.

Heritage Library:

Hilton Head's genealogy and history research center needs volunteers for office work, bookstore sales, helping researchers and general library work. Call Gwen or Pam at 689-9558.

Heroes on Horseback:

This non-profit organization uses horses to provide therapeutic benefits for individuals with physical, mental and emotional disabilities. Volunteers are needed to help with the riding sessions, administrative aspects of the program and fundraising. Experience with horses is helpful but not necessary. Volunteer training available. For more information call 757-5606.

Boys & Girls Club:

Hundreds of children M-F need volunteers after school to help coordinate homework, assist in the technology center, help in the gym and outdoor programs, share special skills, and be a friend. Call Patti at 689-3646.

Alzheimer's Respite and Resource:

Assist memory-impaired individuals with arts and crafts projects, exercise program, sing-alongs and more; help with discussions on current and special events. Be a companion. Training provided. Call Christy at 842-6688.

Bargain Box:

Volunteers needed for sorting, pricing and selling donated items. Proceeds benefit area non-profit organizations. Call Edna at 681-2601.