

## business brief

# QUALITY CARE in the Lowcountry

*Local hospitals offer top notch services*

Lowcountry residents are fortunate to benefit from top quality hospitals, such as Hilton Head Regional Medical Center, and unique medical centers that fill the need for all types of health care, with many breaking ground on additional facilities and clinics. A broad range of specialty care for adults and children is available in our region.

### Hilton Head Regional Medical Center

Hilton Head Regional Medical Center has been serving the health care needs of the residents of Hilton Head Island, Bluffton, and Okatie areas for nearly 30 years. It employs a medical staff of over 140 physicians all board certified or board eligible in their respective specialty and over 600 employees working as a closely-knit team.

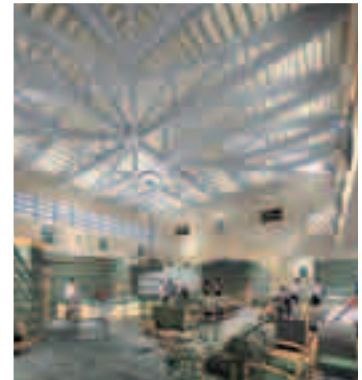
The hospital broke ground Friday, May 14, to begin construction of an \$9 million project to expand its surgical services. HHRMC will renovate the surgical department and expand surgical capacity through the construction of a 22,000-square-foot addition to the medical center that will include three surgical suites, an addition of a nine-bed post-op recovery area and the addition of a family waiting room. The project also involves renovation and expansion to the central sterile supply, materials management and facilities management departments located on the first floor. The third floor of the expansion will be constructed adjacent to the Women's Center and will be used for future development. The addition to the surgical department will be constructed independent of the existing building. The medical center also offers:

- The Heart Center: opened last year and offers comprehensive cardiac care, including a cardiovascular ICU, angioplasty, valve replacement and coronary artery bypass surgery, or CABG ("cabbage") – coronary artery bypass grafting; surgery to treat a blocked heart artery by grafting a blood vessel from elsewhere to re-route blood flow around the blockage.
- Endoscopic or thoracoscopic surgery: surgery done through smaller incisions between the ribs, using a camera and micro-surgical devices cardiac catheterization: a definitive test, using local anesthetic, to identify heart blockages; a catheter (long, thin tube) is guided through an artery to the heart, and dye is injected for x-ray pictures
- A comprehensive program for treating prostate cancer.
- A Breast Health Team of specialists (Medical Oncology, Surgical Oncology, Radiation Oncology, General Surgery, Radiology and Pathology) that meet regularly and discuss advances in prevention, diagnosis, treatment and supportive care as it relates to caring for patients with breast cancer.
- Comprehensive Imaging Department that provides services on an



*Above: Hilton Head Regional Medical Center.*

*Right: The soon-to-open Coastal Carolina Medical Center*



inpatient and outpatient basis: diagnostic radiology including mammography and bone densitometry, X-ray, ultrasound, nuclear medicine, CT and MRI.

- The mammography units at Hilton Head Regional Medical Center and at the Bluffton-Okatie Outpatient Center are accredited by the Food and Drug Administration (FDA) and the American College of Radiology.
- Our Physical Rehabilitation Center offers physical therapy, occupational therapy, pediatric therapy, aquatic therapy, speech language therapy, hand therapy and work hardening programs affiliated with our Occupational Medicine/Employee Health program.
- Cardiac Rehab provides services such as smoking cessation, nutritional education/monitoring, risk factor counseling, vocational evaluation, exercise therapy, stress management and diabetes management. Accredited by the American Association of Cardiovascular and Pulmonary Rehabilitation.
- Outpatient and inpatient services provided by the Cardiopulmonary Services Department include EEGs, EKGs, Stress Testing (Cardiopulmonary, Cardiolyte, Persantine, and treadmill), pulmonary function testing, Holter monitors, Methacholine Challenge testing, medication administration via nebulizers, incentive spirometry instruction, inhaler administration and instruction. Other inpatient services include oxygen therapy, ventilator setup and monitoring, ventilator weaning, and extubation. The Blood Gas Lab is accredited by the College of American Pathologists (CAP).
- A Trauma Level III Emergency Department staffed by board-certified